



9 Benefits of Circle Time

Circle time in VPK offers many benefits for children's development, socialization, and learning. Here are some advantages:

1. Circle time provides a structured setting for children to interact with their friends and teacher. It helps them learn how to take turns, listen to others, and share ideas. This is when “show and tell” happens.
2. During circle time, children talk with one another, sing songs, and listen to stories. This exposure to language-rich activities enhances their vocabulary, comprehension, and communication skills. An added bonus: it encourages shy or introverted children to participate and speak up, boosting their self-confidence.
3. Sitting in a circle and actively participating in activities requires children to focus and listen attentively to instructions or stories. These skills are crucial for success in school and beyond.
4. Circle time often involves games, puzzles, or activities that challenge children's cognitive abilities. It can include counting, shape recognition, colors, and days of the week, etc.
5. Circle time establishes a predictable routine in the preschool day. Young children thrive on consistency, and knowing what to expect during this time helps create a sense of security and comfort. It reduces anxiety and stress, allowing children to be more open to learning.
6. Some circle time activities involve movement and actions, like dancing, clapping, or playing simple games. These activities help develop gross motor skills and fine motor skills, contributing to overall physical development.
7. Through stories and activities, circle time can introduce children to different cultures, traditions, and celebrations. This fosters an appreciation for diversity and teaches children to respect and understand others from various backgrounds. Think “Show and Tell” or “tell us what you did this weekend”.



8. Circle time can be an effective tool for managing a group of preschoolers in a controlled and organized manner. It establishes rules and expectations, teaching children appropriate behavior within a group setting.
9. Circle time allows teachers to connect with each child on an individual level, giving them a chance to observe their strengths, weaknesses, and unique personalities. This connection enhances the teacher-child relationship, promoting a positive learning environment.