

# PARENT EMPOWERMENT WORKSHOPS

The Early Learning Coalition of Duval hosts **FREE** parent empowerment workshops for parents with children ages birth to five. **All parents receive a door prize for attending!** Registration is not required.

9/9/2026  
6 pm to 7 pm



## Learning on the GO

Parents are their child's first and best teachers! This class focuses on how children learn through their play and everyday routines, and how parents can enhance their child's learning. We will also discuss age-appropriate learning goals for your child.

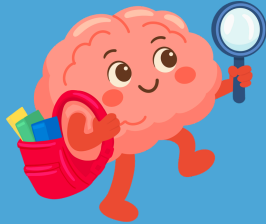
[Click here to join the Zoom call or scan the QR code.](#)



## Building Your Child's Brain

Children with a high sense of self tend to perform better in school and have a better quality of life in the future. This workshop explores simple activities and strategies to help increase your child's overall sense of self. It also discusses the role of parental self-worth and its effect on the child's discovery of self-worth..

[Click here to join the Zoom call or scan the QR code.](#)



1/6/2027  
6 pm to 7 pm



## Guiding Positive Behavior

At times, your child's actions can become overwhelming. Parenting can become difficult in today's challenging world. During this engaging workshop, participants will gain an understanding of the goal and meaning of effective discipline. You will also learn strategies to decrease inappropriate behavior and encourage positive behavior.

[Click here to join the Zoom call or scan the QR code.](#)



3/1/2027  
6 pm to 7 pm



## Speaking Your Child's Language

Understanding the language of infants, toddlers, and preschoolers can be frustrating! This class is packed full of communication strategies! We will learn appropriate language expectations for your child and practice strategies to help your child continue to develop communication skills.

[Click here to join the Zoom call or scan the QR code.](#)



5/12/2027  
6 pm to 7 pm

